

A yellow sun with a smiling face, enclosed in a pink speech bubble with a white outline.

# ENERGY CHAMPIONS!

## Energy Champion Introduction Training

*By the end of the day participants will*

- *Understand the 5 ways to help people save energy and bring down their energy costs.*
- *Understand the role of an Energy Champion.*

### What you'll need to bring

- Your energy bill or access to it (if possible)
- Notebook and pen

10am – 1pm

- Welcome and introductions
- The energy crisis
- Fuel poverty
- Heat loss in the home and how to stop it
- How to insulate your home
- Understanding Energy Performance Certificates
- Funding for energy efficiency measures

### Lunch

2pm – 4:30pm

- How to review bills and change payment methods
- The Priority Services Register
- Discounts and Schemes
- Session wrap up and next steps